**Abigail Rossman**

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EDUCATION

American University (Washington, D.C.)

Bachelor of Arts, 1997

Print Journalism

University of Richmond

Teacher Licensure Program, 2014

Elementary (K-6)

TEACHING EXPERIENCE

Student Teacher, 1st and 4th grades

Pearson’s Corner Elementary (Hanover County), Fall 2014

* *Developed lesson plans for first and fourth grade in line with Virginia Department of Education Standards of Learning.*
* *Created three week bar and line graph unit including instructional plans, assessments and reflective analysis.(VA SOL 4.14)*
* *Designed seven-day Weather WebQuest (VA SOL 4.6).*
* *Collaborated with grade level teachers and instructional assistants.*
* *Integrated Language Arts and Math curriculum with other content areas.*
* *Facilitated positive relationships with students and faculty.*
* *Designed and created manipulatives and games for use in small groups in all content areas.*

RELATED EXPERIENCE

J.V. Field Hockey Coach, 2012 – present

Patrick Henry High School

* *Introduced novice student-athletes to fundamental field hockey skills and strategies.*
* *Planned practices, created drills and set goals for improvement and growth of the program.*
* *Promoted leadership, self-confidence and team work.*

Volunteer Field Hockey Coach, 2010 – 2011

Shady Grove YMCA and Allied Field Hockey (Chesterfield)

OTHER WORK EXPERIENCE

Group Fitness Instructor, 2007 – 2014

* Randolph Macon College and Patrick Henry YMCA (Ashland)
	+ *Led group fitness class participants (youth and adult) in stationary bicycling, cardio-interval, kickboxing, pilates and running classes.*
	+ *Designed diverse agility, strength and cardiovascular classes to increase participants’ level of fitness.*
	+ *Differentiated instruction in each class to include participants of all levels of fitness, beginner to experienced.*

Government Relations Liaison, 2000 – 2003

Baltimore County Chamber of Commerce (Baltimore, MD)

* *Advocated member business interests to local and state government representatives.*
* *Testified on behalf of Chamber members in front of legislative committees in Annapolis, MD.*
* *Designed and authored the newsletter, “Legislative Link,” to keep Chamber members apprised of relevant legislation.*

Legislative and Press Liaison, 1996 – 1999

York County Mayor’s Office (York, PA)

* *Communicated with local government and press regarding city business and policies.*
* *Promoted city interests through letters to local and state government representatives.*
* *Wrote press releases regarding city information for publication and airing on local television news.*
* *Hosted cable-access television show to highlight city services for residents.*

ORGANIZATIONS

Kappa Delta Pi, 2014 – present

USA Field Hockey, Partner Coach for Futures Trials, 2013 – present